

FEAR-LESS: REDUCING ANXIETY IN CHILDREN AND YOUTH

September 24

6:30 - 8:30

Virtual via Zoom

Being a parent to a child who is experiencing anxiety can be challenging. This free 2 hour virtual seminar will offer parents tips and strategies to help children ages 5 - 16 manage anxiety.

To register, email shelley@krfccs.com or call 403-443-3800